

OPINION

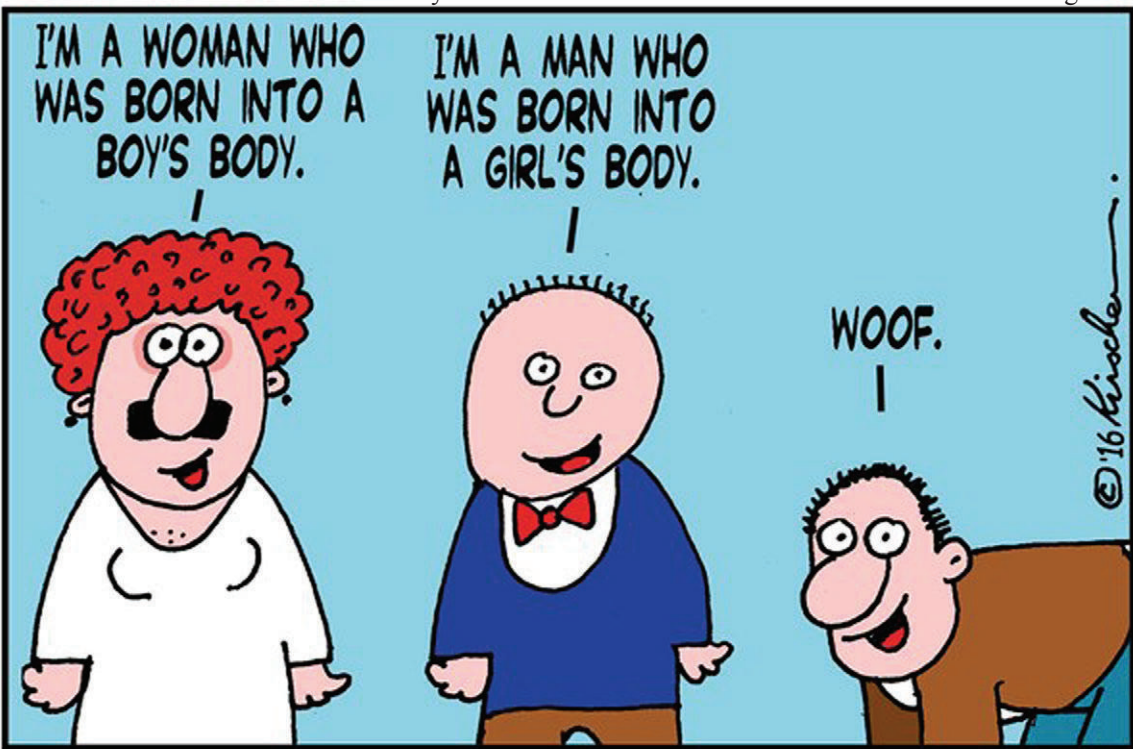
- Columnists
- Letters to the Editor

Which door shall we take? His? Or Hers? Advocate Publisher Sam D. Kennedy



We are told that we need a qualified person to be our President. We must not make a mistake. She or he must lead us through important things – like bathroom doors. We are now engaged in a great national debate about bathrooms. We seek qualified guidance. Our current President has jumped into the fray but who will carry the mantle (plunger?) going forward? We need a qualified President to guide the people - girl people, boy people and otherwise. We must choose the right leaders or we might take the wrong door. How can our children choose the right rest room without guidance from our President and the opinion of a federal court? Without proper leadership, a misguided school principal might just say, “Use any door you want, just be sure you close it behind you, or go outside behind a tree, but don’t disturb the classroom or your fellow students”. That is the kind of response one should expect from the unlearned without proper and qualified leadership. We have other important matters

before this republic - things that require our best and brightest. No not foreign policy, not Russia, not China, not Mexico, not nuances of free trade. More importantly: How do they stand on gay rights? On same sex marriage? All vital to the republic, but the most burning issue at this moment is which door to the bathroom will they endorse?



Is his hair thinning? Does he have dandruff? Are there scars left over from the scratches left by a jealous girl friend? Again, pressing issues all. The Washington Post has assigned twenty reporters to prepare a fair and unbiased report on his background. I know it is unbiased because they said so. Then there is Hillary. She says she is qualified because she has been involved in every aspect of government over the last twenty years and that she has given Bill guidance for years. Fine, but what are her views on bathrooms? Do you want her to turn our bathrooms over to Bill? Think of your daughters and granddaughters! Which door would she take? Voters have a right to know.

His Majesty has spoken



By John Finney

His Majesty has spoke, it is here by decreed that any and all are given their god given right to use whatever bathroom or locker room they associate their gender with or we the Federal Government will no longer give that state money, they have taken from them in taxes, to educate the kids in that state. This is laid out in a letter from the Department of Justice, find link below, not a Law passed by Congress, but a decree. They have based this decree off Title IX which reads as followed:

Title IX

The U.S. Department of Education's Office of Civil Rights (OCR) enforces, among other statutes, Title IX of the Education Amendments of 1972. Title IX protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. Title IX states that: No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program

or activity receiving Federal financial assistance. I always thought Title IX was created mainly to allow women to equally have the opportunity to participate in sports activities and other school programs as men. Equal number of women scholarships as men scholarships, I did not know that having to go to the bathroom is now a school activity or program. Some schools have had to drop some men’s sports programs due to the lack of women participating in women’s sports programs. Let’s say a guy associates himself as a woman or is transgender, and wants to play basketball on the girl high school basketball team, now he should be able too. He may not be good enough to make the boys team, but good enough to play with the girls. He might even be good enough to earn a women’s scholarship to play in on a women’s sports team in college. The percentage of transgender individuals is 0.3 percent of our population. Most adults care less about who is in the bathroom with them. But what about children in elementary or middle school students, do we need to expose young girls

- Advocate General Manager John Finney

or boys to the opposite sex going to the bathroom or undressing in locker rooms? We are decreeing policy to cater to 0.3 percent but making the other 99.7 percent have to deal with it and be happy with it. We must comply with his Majesties decree to allow men, women, xi, or xe share a bathroom together or he won’t pay the States their allowance. If a child or person is sexually assaulted by someone using this decree to their perverted advantage to enter a restroom or locker room, who is at fault? Is the school or business liable for not providing a safe environment? On my farm I can be on the back forty, nobody but bovine, deer, or turkey around when nature calls and you just go. If someone feels like a dog today, I guess the nearest fire hydrant in town is now available. I learned early in life that life is not always fair or equal, you just deal with it on go on with your life. **Justice Department link:** <https://www.justice.gov/opa/pr/us-departments-justice-and-education-release-joint-guidance-help-schools-ensure-civil-rights>.

Reaction to the President’s transgender directive

(THE ASSOCIATED PRESS, May 13)

Below are the reactions of state leaders, parents and students to guidance from President Barack Obama’s administration’s directive that schools must permit transgender students to use restrooms consistent with their gender identity.

ANGER AT OBAMA

Mississippi Republican Gov. Phil Bryant said: “This is the most outrageous example yet of the Obama administration forcing its liberal agenda on states that roundly reject it. Public schools’ restroom policies should not be shaped by

federal coercion.” This week, West Virginia Attorney General Patrick Morrisey asked an appeals court to rehear a case that overturned a Virginia school district’s policy forbidding a transgender teen from using the boys’ restroom. In the brief, West Virginia joined Arizona, Kansas, Nebraska, Texas, Utah and the governors of Maine and North Carolina. North Carolina Gov. Pat McCrory released a statement saying: “President Obama’s administration has instituted federally mandated edicts that affect employees as well as

every parent and child within a public school system. This national bathroom, locker room and shower policy for almost every business, university and now K-12 school in our country changes generations of gender etiquette and privacy norms.”

ON OBAMA’S SIDE

Washington Gov. Jay Inslee, a Democrat, said: “In Washington state, we’ve adopted policies that ensure our schools are a place all our children can feel safe from discrimination, harassment or even assault based on their gender identity. The guidance issued today by the U.S. Departments of Education and Justice affirms that Washington is doing the right thing for our students. ... I applaud the Obama Administration for establishing policies that will better provide all our children an opportunity to thrive.”

Vermont Gov. Peter Shumlin praised the Obama administration’s directive. In a statement issued Friday, Gov. Peter Shumlin said **no student should ever feel discriminated against while at school for any reason.**

IN TENNESSEE – Republican reaction to the directive was uniformly negative. State Senator Jeff Yarbro, D-Nashville, said, “If only we could get 26 state senators as excited about health care, transportation, or education as they are about bathrooms.”

Education Committee Chairman U.S. Senator Lamar Alexander (R-Nashville) had this reaction from Washington regarding he Department of Education’s guidance to local school districts regarding transgender student’s use of public bathrooms: “This is the kind of issue that parents, school boards, communities, students and teachers should be allowed to work out in a practical way with a maximum amount of respect for the individual rights of all students. Insofar as the federal government goes, it’s up to Congress to write the law, not the executive departments. And guidance issued by the departments does not amount to federal law and should not be treated as such.”

Seven things I’m learning about transgender persons

OPINION: MARK WINGFIELD (Baptist News Global), May 13, 2016

I don’t know much about transgender issues, but I’m trying to learn. How about you? How much do you really know about this subject beyond all the screaming headlines and concerns about who goes to the bathroom where? The truth is that I don’t know any transgender persons — at least I don’t think I do. But with the help of a pediatrician friend and a geneticist friend, I’m listening and trying to learn. This is hard, though, because understanding the transgender experience seems so far outside what I have ever contemplated before. And the more I learn, the more theological questions I face as well. This is hard, even for a pastor. Here’s some of what I’m learning from my friends who have experience as medical professionals dealing with real people and real families:

1. Even though LGBT gets lumped together in one tagline, the T is quite different than the LG and B. “Lesbian,” “gay” and “bisexual” describe sexual orientation. “Transgender” describes gender identity. These are not the same thing. Sexual orientation is about whom we feel an attraction to and want to mate with; gender identity is about whether we identify as male or female.
2. What you see is not always what you get. For the vast majority of humanity, the presence of male or female genitalia corresponds to whether a person is male or female. What you see is what you are. But for a small part of humanity (something less than 1 percent), the visible parts and the inner identity do not line up. For example, it is possible to be born with male genitalia but female chromosomes or vice versa. And now brain research has demonstrated that it also is possible to be born with female genitalia, female chromosomes but a male brain. Most of us hit the jackpot upon birth with all three factors lining up like cherries on a slot machine: Our anatomy, chromosomes and brain cells all correspond as either male or female. But some people are born with variations in one or two of these indicators.
3. Stuff happens at birth that most of us never know. It’s not an everyday occurrence but it’s also not infrequent that babies are born with ambiguous or incomplete sexual anatomy. In the past, surgeons often made the decision about whether

this child would be a boy or a girl, based on what was the easiest surgical fix. Today, much more thought is given to these life-changing decisions.

4. Transgender persons are not “transvestites.” Far too many of us make this mix-up, in part because the words sound similar and we have no real knowledge of either. Cross-dressers, identified in slang as “transvestites,” are people (typically men) who are happy with their gender but derive pleasure from occasionally dressing like the opposite gender. Cross-dressing is about something other than gender identity.
5. Transgender persons are not pedophiles. The typical profile of a pedophile is an adult male who identifies as heterosexual and most likely even is married. There is zero statistical evidence to link transgender persons to pedophilia.
6. Transgender persons hate all the attention they’re getting. The typical transgender person wants desperately not to attract attention. All this publicity and talk of bathroom habits is highly disconcerting to people who have spent their lives trying not to stand out or become the center of attention.
7. Transgender persons are the product of nature much more than nurture. Debate the origins of homosexuality if you’d like and what role nature vs. nurture plays. But for those who are transgender, nature undeniably plays a primary role. According to medical science, chromosomal variances occur within moments of conception, and anatomical development happens within the nine months in the womb. There is no nature vs. nurture argument, except in cases of brain development, which is an emerging field of study.

This last point in particular raises the largest of theological questions. If Christians really believe every person is created in the image of God, how can we damn a baby who comes from the womb with gender dysphoria? My pediatrician friend puts it this way: “We must believe that even if some people got a lower dose of a chromosome, or an enzyme, or a hormonal effect, that does not mean that they got a lower dose of God’s image.”

I don’t know much about transgender issues, but I’m trying to learn — in part because I want to understand the way God has made us. For me, this is a theological quest as much as a biological inquiry or a political cause. How about you?

So you think you’re starting to like the Donald...



By Emily Weathers Kennedy

I’ve heard this line over and over. “At first he worried me, but now the idea of a Trump presidency is growing on me.” Some just say that he is the lesser of two evils. Some frown and say, “Anybody but Hillary,” or “Anybody but a Democrat.” They go on and on - justifying voting for

a narcissistic, petulant, vindictive mouthpiece with fewer morals than an alley cat. In the past, I listened to the same sorts of people who would put down a Democrat with “He/she doesn’t share my family values” and “He is not moral.” That last one was said a lot when Bill Clinton was on the national stage. Even Michelle Obama didn’t escape scrutiny with her penchant for bare

Continued on A-5

Lawrence County

Advocate

Sam Kennedy, Publisher
John Finney, Managing Editor

NEWS STAFF

Elizabeth K. Blackstone, Editor
LaShawn Baxter, Editor
Sandi Mashburn, Staff Writer
Joe Baxter, Sports

ADVERTISING STAFF

Amber McIntyre, Sales
Misti Richardson, Sales

PHOTOGRAPHER

Howard Johnston

PRODUCTION STAFF

Rachel Weaver, Ad Designer
Angie Pettigrew, Ad Designer

OFFICE STAFF

Katy Adams, Bookkeeping/
Classifieds/ Receptionist

PRESS & CIRCULATION

Ralph Yeager
Donnie Howell
Brian Chandler
Keith Matthews
Chris Dickey
David Ray
Wayne Wilburn

DISTRIBUTION

Dorothy Belew

16,300+ published &
delivered twice weekly

Published each Wednesday and Sunday at
121 North Military Ave., P. O. Box 308, Lawrenceburg, TN 38464
Phone # (931) 762-1726, FAX # (931) 762-7874

www.lawrencecountyadvocate.net

E. Kennedy. . . *Continued from A-4*

arms. Recently, I saw an elegant photo of her posed in a classy, sleeveless dress juxtaposed with a nude and public photo of Melania Trump, and I scratched my head. Where have the high minded morality-driven voters gone?

It boils down to a “this trumps that” mentality. Pun intended. When morals are compromised, but someone voters can’t stand is the alternative, morals are thrown by the wayside like beer and Coke cans along Busby Road.

And I’m left wondering if anyone ever really studies the issues, what politicians say and actually do, how politicians are regarded in the larger world. Or, is it all about the hate-spewing rhetoric that soaks in and obliterates any positive attributes from shining through?

I get it. People are afraid. They worry about their money, their taxes, their being left behind in this 1% take all economy. They think Trump will somehow turn things around and make them successful like he made himself successful.

Except he didn’t make himself successful. He was sent to the Ivy League, given millions to start businesses, and benefited from his father’s credit history. He then bankrupted 4 times, costing people their livelihoods. (Yes, when there is a bankruptcy, common folks like you and me are left holding the bag sometimes.)

Is this really someone who should be in charge of let’s say, nominating a Treasury Secretary? Of negotiating deals with China, the place where his line of clothing is made? (This means outsourced and not American-made.) Sure, Trump buys and sells stuff with his name on it, but he does not create wealth, according to the complex laws of economics. He also hires illegals. That is, he will do so until he gets that wall built that Mexico just might scoff at having to finance.

On the other hand, what if the hoopla surrounding Hillary Clinton were not true? What if those emails and Benghazi and stories told by angry talk radio hosts were just smoke and mirrors? Things to keep you distracted? To make you hate?

From a liberal’s standpoint, Hillary is not far left. She’s pretty moderate in fact. My guess is that she would choose a diverse cabinet of forward thinkers. She did work across the aisle when she was a Senator, so the stalemate in Washington could be alleviated with a strong female president. And, you can pretty much depend on her not insulting Arabic leaders and pulling us into another Middle Eastern war (Even objectively, with Trump, the risks are high indeed). She is not the lesser of two evils. She’s a real choice on her own merits.

A gambler might say to go with the odds. The odds of The Donald being a true conservative and making responsible choices for Supreme Court and Cabinet nominees with family values and morals in mind are nil. I guess the GOP will have to come up with a new mantra to get behind.

Emily Weathers Kennedy is a freelance writer, blogger, artist, photo stylist, and decorator. Her work is online and in product catalogs. Emily lives with her husband, 4 dogs, and 1 cat and writes from their farm in Loretto, where she was born and raised.

Should corporations sponsor National Parks?

TYRADES! By Danny Tyree

Whether I was a preschooler hiking in the Great Smoky Mountains National Park, a young adult spelunking in Kentucky’s Mammoth Cave or a father introducing his son to Shiloh National Military Park, I always felt I could enjoy America’s treasures without too much intrusion from Madison Avenue.

According to the Washington Post, things are about to change. Facing an \$11 billion backlog in unfunded maintenance projects, the National Park Service is tinkering with the definition of philanthropy. They’re granting corporate sponsors the opportunity to prominently display logos and gain limited naming rights at the nation’s 411 national parks, monuments and conservation areas.

You say you want to know why Congress hasn’t come to the rescue? Hey, those humanitarian snowplows for Tahiti’s national monuments don’t come cheap, pal. And it’s not that congressmen don’t have national treasures on the brain. Or is it they have a Grand Canyon between their ears? Something like that.

Observers fear that corporate sponsorship/meddling will ruin the beauty, simplicity and tranquility of our parks. The rules as written do not allow any actual advertising or marketing slogans, but watch for such blemishes to creep in. Old Faithful geyser would seem an irresistible icon for the Acme Bidet Company. Out west, campaigns will proclaim, “Home, home on the range, where the deer and the antelope play... Laser Tag!” War of 1812 buffs should not be surprised if loudspeakers at Fort McHenry blare, “Oh, say can you see... who’s behind those Foster Grants?”

Don’t get me started on the sleazy advertising possibilities for Valley Forge. (“The Father of Our Country... on dollar bills. Dollar bills... in G-strings. What could be more natural?”)

Other concerned citizens worry more that park managers will be devoting too much of their time to fundraising. I can just imagine park rangers using a tranquilizer gun on a potential sponsor. (“Now, now – slow down and let’s talk this over before you give all your money to PBS.”)

Yes, park officials will be tempted to give up on studying the mating rituals of migratory birds and start studying the mating rituals of CEOs. (“Couldn’t help but notice you and the showgirl getting out of Motel 6. Perhaps for a small donation this photo could disappear before it reaches your wife...”)

Park Service officials hope corporate sponsorships will help attract a younger, more ethnically diverse class of tourists. Right. (“Shoot! My posse and I were planning a road trip to the all-star hip-hop festival, but if a company that has been cranking out consumer goods for a century and a half is interested in the Rosie the Riveter historical park, it just HAS to be cool!”)

Maybe instead of accepting corporate tie-ins, we could redesign some of the sites to attract millennials. Instead of Lincoln’s childhood home, we could have Lincoln’s Parents’ Basement He Had To Crash In While Paying Off Student Loans.

There will be tremendous pressure on both park officials and corporate executives to strike the best deals. And there will be mistakes.

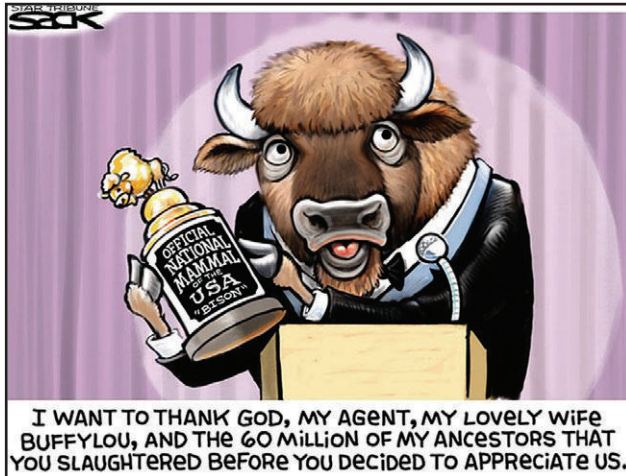
“Johnson, I expected our huge investment to get us the naming rights for the Coke Amphitheater and Coke Zero Amphitheater.”

“Well, yes, but...”

“And you got us the Emma Amphitheater and the Noah Amphitheater????”

“But they’re both such POPULAR names. I couldn’t resist...”

“We’re reassigning you to the Siberian territory. Just keep.



From the County Executive’s Desk ■ By Lawrence County Executive T. R. Williams

Lawrence County pride



T.R. Williams

In my 62 years, I have only been away from Lawrence County for short periods of time. I attended college and worked with my father’s company in Arkansas for one year, but even those opportunities were outmatched by my desire to be home.

I am proud of Lawrence County for many reasons. One is the simple fact that after 62 years, I am still finding things to be proud of.

Last Thursday’s unveiling of an historic marker at the site of a former POW camp, and the story it represents, is a great example. Lawrence Countians became friends with German soldiers being held here as Prisoners of War, and the Stribling-Brock family continued to correspond with several of them through the 1970s.

That collection of letters, cards and photographs was discovered in the late 1980s, but they remained mostly unread because they were written in an older German dialect. Then local historian Curtis Peters, a son-in-law of the Stribling-Brock family, was introduced to a Lipscomb University professor who was here studying our Mexican War monument.

One thing led to another, and Lipscomb’s Departments of History and German became involved. The Stribling-Brock family agreed to donate the correspondence to the University’s Beaman Library, so they could be studied by scholars there and be available to the public.

As German language students translated the letters, they

Letters to the Editor

The Old Clinton Surplus; Myth accepted as Truth

Editor, We will all be shouting Hallelujah on our way to Hell if we are under the illusion another Clinton Presidency is a path to anywhere else. Sex, Lies, and Videotape are the Hallmark of Bill and Hillary Clinton’s Legacy. The latest Hillary solution for America’s economic woes is to appoint husband Bill to be in charge of The Economy. This wild plan whether it was said in Jest or Truth is Hillary’s way to attach herself to those years when Bill and fellow Democrats benefited from the alleged Clinton Surplus alleged to be recklessly squandered by George W. Bush. This whole high flying era was never explained with the facts of the matter.

For years Democrats for public office have campaigned with yearnings to return to The Clinton Years and have won elections based on fraud, there was no surplus, it was a total lie and Republicans were too stupid to expose the truth. George W. Bush did not spend a Bill Clinton Surplus that never existed and George W. Bush was as dumb as his fellow Congressional Idiot Republicans that never bothered to explain the missing money shortly after George W. became President. Still today the Bill Clinton Surplus is the major Democrat whip to publicly Flog Conservative Republicans at their Liberal Stake.

Bill Clinton will go down in history as the luckiest man that ever lived. He was President during the over enthusiastic Hi-Tech generation that created a totally false economy via the Wall Street Stock Brokers. Even a high school dropout such as myself understood the simple arithmetic due to the exceptional math teachers at Old Public Elementary in Lawrenceburg, Tennessee. I believed the head of The Federal Reserve, Alan Greenspan, when he was begging Congress to realize there was no surplus, Greenspan called the phoney surplus, ‘Irrational Exuberance’ and did so repeatedly. It won him no friends in either political party; they were all making millions and even I was doing quite well with my Chicago Tribune retirement package. Tribune stock like most all others was soaring.

We can credit Usama Bin Laden for exposing the real value of those stocks; the market was closed for four working days as I recall; and when it reopened my 401k with Tribune Company was worth about half what it was the day prior to the World Trade Center Horror. There were millions and millions that were in the same boat, even the most wealthy. Trillions of dollars suddenly vanished in the smoke and dust of downtown New York City. Those projected taxes expected by our despicable spenders in The U.S. Congress evaporated. But, all was well when it all became George W. Bush’s fault when the ‘long-time hidden deficit touted as a surplus’ loomed as a Republican Cloud in the years after. And allowed to go unchallenged by clueless Republicans.

So, when Hillary appoints Bill to oversee our financial well-being we can expect he will have a private office with a big desk and young female interns aplenty. And the luckiest man alive that committed crimes that others were sent away for 20 years in prison will be free to work on a second big retirement check; a government check provided by hardworking American taxpayers, a large number that happen to be women.

James Allen Whitehead; Lawrenceburg, Tennessee - USA

Thank you Mr. Mollette

Dear Editor

I read with great interest and approval the article by Glenn Mollette: Eliminate Big Money from Politics. The article should be read by all thinking Americans. There is a serious need for campaign spending limits and other reforms such as full disclosure laws. His comments on Super PAC “hit the nail on the head” very accurately.

There are very powerful groups that preach the idea that they have the right to spend unlimited amounts of money to elect people who will vote as they are ordered to by them as a matter of “free speech”. As a believer in the democratic republican form of government I believe that this idea is a threat to our form of government and majority of the American people. It is a dangerous fore runner to authoritarian or totalitarian government.

I used to hear it said that our system of government is may be a bad form of government but the others are so much worse. Thank you Mr. Mollette for your fine article.

Sincerely, Bob Hayes; Lawrenceburg

Thanks: Polio survivor coverage appreciated

Letter to the Editor

I would like to thank both local papers for the coverage of my “Polio Story” I presented to the Rotary Club. And thank you to John Birdsong for the nice photos of my family. But, I would like to say, theres nothing special about me, except maybe in the eyes of a young man, Neal Beard, long ago. I’m not the only polio survivor in Lawrence County, and they also, fought the good fight. Some I know are Jean Springer, Rosie Coleman, Mary Benson, Maynie E. Stooksberry, Mike Thompson, Eliose Clark and the late great, John Fleeman. They all did what they had to *do*.

Thank You; Peggy Tingle

found descriptions of the harsh conditions those POWs had returned to; expressions of thanks for care packages local residents sent; and stories about everyday life: a wedding, the birth of a child.

The fact that those enduring friendships were made when Germans and Americans were at war is amazing to me. Lawrence County is an unlikely place for a POW camp, but local residents were not so far removed from the war as to be untouched by it. I’m sure the Stribling-Brock family, and others who later helped make up those care packages, had relatives and friends fighting against German soldiers in Europe.

Those local residents – and the POWs, for that matter - were following Christ’s command to love their enemies. They saw beyond the battle our nations were waging and appreciated one another as individuals, as people with worth.

For that reason I am proud, again, to be a Lawrence Countian. I believe the same love for others is alive and well here today, because I see it demonstrated regularly. The incredible success of Abigail’s Plan, which is building a baseball facility for athletes with handicaps, is just one example. Smaller acts of kindness I see day in and day out are too numerous to mention.

Lipscomb University funded the Tennessee Historical Commission marker on Watson Drive, site of the POW camp. The school is seeking funding now, through grants and donations, to make a film about it. I sincerely hope they can. It’s not only a story we can be proud of, it teaches a lesson our world needs very badly to learn.

Making the “Klutter Cut”

Dear Editor: I get it. “Theron” is a joke!

Or did you not consider what was written “Klutter?”



Sincerely,

William B. Caudle, Esq.; Summertown

Editor’s note: Although my computer algorithm inexplicably took a dislike to Mr. Whitehead’s letters recently, almost no local letter author makes the “Klutter Cut” on my conscious authority (unless the material is overly long or libelous). We are always interested in what our readers have to say – even Mr. Caudle. - EKB

QUESTIONS & ANSWERS WITH ATTORNEY PAUL PLANT

Eye On
elder care



Paul B. Plant

National Academy of Elder Law Attorneys

HARWELL & PLANT
ATTORNEY'S
AT LAW

When Is the Right Time to Seek Memory Care for Mom?

Sometimes, it’s hard for those closest to us to recognize when it’s time for a change, and it can be harder still for our loved ones to talk to us about that necessary change. You may have noticed a few changes in Mom lately, and maybe you have started to wonder if it’s time to seek out memory care for her.

You Are Worried About Mom’s Safety:

People with Alzheimer’s and other types of dementia can become confused, agitated, and even violent without cause or warning. Sometimes, they wander off. However, these symptoms often present slowly at first and then get worse over time. Mom may currently seem in control on most days, but perhaps there are starting to be more moments where you question her cognitive abilities. A few red flags that point to a need for memory care are:

- **Accidents and injuries** - Has she fallen more than once, had several unexplained injuries, or had several driving accidents? Are you considering taking her keys away?
- **Living conditions** - Are there mysterious areas of damage in her house, like burn or scorch marks from a forgotten stove that she cannot explain? Are there a lot of stains, mold, or other signs of water damage from water left running unattended? Is she hoarding unnecessary items or purchasing the same items over and over again?
- **Hygiene** - Has she not bathed in a while? Has she missed several hair appointments recently? Does she just generally seem to be taking less care of herself than she used to?
- **You worry about her more often than you used to** - Do you check on her more often or call her regularly regarding her safety and location?

You Can No Longer Manage Mom’s Health Care Needs:

If Mom has started to need your constant supervision with her food and her medications; it might be time to seek memory care for her. People with Alzheimer’s and dementia often get confused when it comes to medication management and proper nutrition. If you are just starting to notice small things, like a missed dose here or there, food left on the counter that she forgot to refrigerate, or several missed meals entirely, those are all red flags. It can be very difficult to keep a parent with Alzheimer’s or dementia from being or from feeling isolated. When this happens, it becomes difficult to take Mom out to shop, to eat, or to any other social gatherings. Not being able to take Mom out will result in her becoming lonely and restless. This is definitely a time to look for memory care for Mom.

You Have Caregiver Burnout:

Caring for someone, especially someone with Alzheimer’s or dementia, is emotionally and physically draining. Being a caregiver for someone with dementia can cause feelings of helplessness, hopelessness, and guilt. Caregiver burnout is real, and the signs should not be ignored. Do not hesitate to speak to a professional about your feelings and about Mom’s mental health. **-The Cottages Blog Posted by Dawn Owens on May 10, 2016 9:00:00 AM**

Check out Harwell & Plant’s sites
www.eyeoneldercare.com AND www.harwellplant.com!!!
Established in 1974, Harwell & Plant has a long history of service to client and community. Paul Plant has been a member of the National Academy of Elder Law Attorneys since 2003. **Harwell & Plant, 225 Mahr Ave. PO Box 399, Lawrenceburg, TN 38464 (931)762.7528.**

ABOUT HARWELL & PLANT, ATTORNEYS
Established in 1974, Harwell & Plant has a long history of service to client and community. Paul Plant has been a member of the National Academy of Elder Law Attorney’s since 2003.

HARWELL & PLANT
225 Mahr Avenue, Lawrenceburg, TN 38464
pplant@harwellplant.com • www.harwellplant.com
931-762-7528

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS, INC.
1604 North Country Club Rd, Tucson, Arizona 85716
520/881-4005 fax -520/325-7925